

SFS Spring Clothing Guide

BASE



Choose a base t-shirt and thin pants of synthetic materials to wick sweat and dry quickly if wet. If it is 70 degrees out, shorts are acceptable!

RAIN

Always send rain gear in the backpack, and continue to dress in it if rain is in the forecast or the ground is wet.



FEET

Closed-toed sandals are great for when it's too hot for rain boots: our favorites include Keens and Chaco. Please no crocs or open-toed sandals at Forest School.



WATER

We drink more liquids when we're active in the heat, so be sure to pack extra water when it gets warmer.



Remember to add sunscreen and bug spray back into your daily routine!